


DOWN SYNDROME NEW MAMA

A RESOURCE FOR NEW PARENTS OF A BABY WITH DOWN SYNDROME AND A PLACE FOR THE EXPERIENCED TO SHARE WHAT WORKED AND WHAT DIDN'T.

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DO YOU LIVE NEAR LANCASTER, CA?

If so, and if you are interested in connecting with a new mama, please [email me](#) or send me a message on [FB](#).


Take the poll below and then enter the [Winter giveaway](#).

WHEN DID YOUR BABY'S FIRST TOOTH ARRIVE?

- 8 months or younger
- 9-10 months
- 11-12 months
- 13-14 months
- 15-16 months
- 17-18 months
- 19 months or later

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Votes so far: 116
Days left to vote: 5

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TUESDAY, NOVEMBER 3, 2009

The Stage One Oral Toolkit

In a way, speech therapy begins naturally for all babies on day one with eating, crying, yawning, rooting, burping... As those instinctual actions occur, a baby's brain receives information and mouth muscle coordination beings. A baby's brain also receives information about its mouth through stimulation, texture, and pressure (as well as taste... but stage one babies are usually getting only one yummy taste via bottle or breast.) Our babies need a little bit more information and more practice as the mouth masters its jobs.

Enter the oral toolkit, a treasure chest of goodies you can use to orally stimulate and train your baby. Most items can be purchased in a department store or baby store, some must be ordered online, and for those on a tight budget... your fingers are free :-)

The Nuk Brush



The Nuk brush is great for oral stimulation inside and outside of a baby's mouth. On the outside, you can roll it down from just under your baby's nose to her upper lip. You can do this same movement all the way around her mouth, rolling toward the mouth with each stroke. This stimulates lip closure. Used inside the mouth, the textures expose your baby to new sensations. Later on it can be used to introduce trace amounts of food to a beginning eater. \$3.70

